

# **AYSO Player Development Pathway**

American Youth Soccer Organization (AYSO) is committed to providing a player pathway which places each player in a developmentally appropriate environment.

Our pathway begins with our **AYSO Playground Soccer** program designed to introduce families and children to the physical literacy requirement to play soccer. Our players then progress into our **AYSO Core** program where our tremendous volunteers create a fun, energetic playing experience that allows players to thrive in the game of soccer.

Our next progression is **"EXTRA"** which is a tryout-based program designed for the player looking for a challenging environment in which there is a great emphasis on Technical and Tactical Development while playing within the AYSO System.

The final phase of our youth pathway invites all players to tryout for the **United** Club Program (Year-Round) where the players are exposed to the challenges of club soccer with a higher commitment level required, greater travel times and a detailed focus on Technical and Tactical proficiency.

Our objective is to create an environment where each player has the opportunity to excel and reach their potential no matter if their goal is to play at the highest level, college, high-school or just to have fun!

Thank you for being part of our family!









For more information on our programs, please visit www.ayso.org



# **AYSO United Southern California: South Bay**



#### What is AYSO United?

AYSO United is the official club program of AYSO, allowing players to play against other youth soccer organizations (non-AYSO) while enjoying the benefits of AYSO's six philosophies.

### What is Club Soccer?

Club Soccer is the highest level of play where players tryout for teams and compete against other clubs. Each club may have its own philosophies and approaches to player development. Club teams are expected to travel to other clubs which may include significant travel time over the weekends and for tournaments.

#### Who runs the AYSO United program?

AYSO United is a local based program that is managed and operated at the National level. There is a National Director which oversees the club programs, however the local program will be run by a club administrator and a Director of Coaching who is responsible for the coach selection and team formation.

### Can anyone tryout?

Yes, anyone can tryout. Parents should be aware that team spaces are limited in club and teams will not be formed on numbers of tryout participants. AYSO has a number of programs from Core, EXTRA to United which are designed to meet all levels of player's ability.

### What does that mean for my current team?

If you are currently on a Core or EXTRA team and you are selected for an AYSO United team, then once your current season has been completed you will be required to commit 100% to the AYSO United Team. Players selected for AYSO United will still be able to participate with their EXTRA / All Star or Select Teams, however there may be games and tournaments where there is a conflict.

### Who coaches the team?

AYSO United Teams will be coached by professional coaches that are hired by the Club Director of Coaching. These coaches MUST have the minimum United States Soccer Federation Licenses as well as AYSO Coaching certifications. These coaches will be paid.

# How long is the season?

Club season will be a year round commitment. Typically, teams will play a spring season (mainly friendly games), Summer tournaments and then the Fall season (September – November). Most teams will then play state cup over the winter. Training is year-round with a break usually over Summer (June-July 4 weeks) and Christmas (December).

### How often do the teams train?

Teams will train a minimum of twice a week during the peak season. There may be additional training requirements (goalkeeper) (speed and agility). Typically, after the spring and fall teams may reduce to once a week to give players a recovery period. Practices can range from 1-2 hours depending on the age of the players.

#### What ages are the teams?

Club soccer follows US Soccer's mandates of calendar birth year so a player will play for their year of birth. For example, if your child is born in 2006 your team will be the 2006 Team (12U).

### How much will it cost?

AYSO United will cost \$1,600 for the entire year. The fees will cover the following: League Fees, field costs, two tournaments (1 being state cup), registration fees. Commitment is expected year-round and there may be extra costs for additional tournaments should your team opt to do them. Only other extra fees are Uniform (\$200 approx.) and Ref Fees.

# What are the next steps?

If you feel your child is ready for club soccer you should have your child attend one of our AYSO United tryouts. Sign up for the tryouts by visiting <a href="https://www.aysounited.org">www.aysounited.org</a>. If you feel this is not the program for your child, we highly encourage you to continue in your AYSO Region knowing that we are looking to give our families multiple options to meet all of their soccer needs.

## Why AYSO United?

As a club, we pride ourselves on the same philosophies as are regular program so our players can have the best environment to develop in. Within this we provide our players the platform to thrive from our nationalized coaching curriculum sanctioned by Southampton FC Academy and also our College Fit Finder, our players are our main priority.

Our club structure is unrivaled in the US with a hands-on approach from the National Director through to our Development coaches and staff. This structure allows us to ensure the highest quality is being delivered on and off the field from the support to our staff to the support to our parents.

Coach education is a huge part of our process and we are always pushing our coaches to build on their knowledge. Our coaches are ALL USSF qualified with the aim on having no coach lower than a D License or working towards it. Within the South Bay club, we hold 2 B License coaches and others working towards their C so as before mentioned our knowledge is power to empower our players.